



SATURDAY 1.19.19

REAL TALK ABOUT SEX

With Women, By Women, and For Women

We have lots to talk about, our sisters! Let's chat about the importance of GYN exams, pap smears, mammograms, sexually transmitted infections (STI), vaccinations and online dating!

Free Breakfast: 9:30am to 10am

Program: 10am to 11am

Where: Methodist Services

Don't Be Shy – Come Join the Conversation

Only Available to Sexually Active Women

Expert Gynecologists



Dr. Lynda Thomas-Mabine and

Dr. Kimberly Bridges-White will lead discussion

DATE/TIME

January 19, 2019



Want more TIPS on The Grown Woman's Guide to Online Dating?. Check out this link: <https://trib.al/AqEE7Ts>