



**1.19.19**  
**LEARN ABOUT  
ONLINE SAFETY  
FOR YOUNG  
CHILDREN AND  
TEENS**

**Activities for  
Young Children  
and Teens**

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**Mothers who  
attend our *Real  
Talk* -- Have your  
Children join us**

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**Dr. Heather Ruddock,  
Pediatrician**

**Where: Methodist  
Services**

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**Time: 9:30am to  
11am (Free  
Breakfast  
included)**

